



INSTILLING INSPIRING BELIEFS IN YOUR CHILDREN

The following affirmations are designed to instill positive beliefs in your children that create wonderful lives for them. The key is repetition and then action. Make the effort now and watch them reap the rewards. Have your kids repeat these every night before they go to bed.

1. I am a beautiful piece of God; I am an Eternal Soul
2. I treat others as I want to be treated
3. Mom and Dad love me with all their hearts
4. I can achieve anything I want if I put my mind to it and I believe in myself
5. I am kind to God's souls by doing random acts of kindness
6. I am love, there is only love
7. I am humble, I am grateful, I am worthy, how may I serve?

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